

| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|---|------------------------------|---|---|
| 8.30am-9.30am | SEMH check in and morning work including reading and handwriting activities | SEMH check in and morning work including reading and handwriting activities | Pupils at home school | SEMH check in and morning work including reading and handwriting activities | SEMH check in and morning work including reading and handwriting activities |
| 9.30am-9.40am | Go Noodle | Go Noodle | | Go Noodle | Go Noodle |
| 9.40am-10.10am | English | English | | English | English |
| 10.10am-10.30am | Sensory activity | Sensory activity | | Sensory activity | Sensory activity |
| 10.30am-11am | Break time | Break time | | Break time | Break time |
| 11am-11.40am | Maths | Maths | | Maths | Maths |
| 11.40-12pm | Sensory activity | Sensory activity | | Sensory activity | Sensory activity |
| 12pm-1pm | Lunch time | Lunch time | | Lunch time | Lunch time |
| 1pm-1.10pm | Mindful meditation | Mindful meditation | | Mindful meditation | Mindful meditation |
| 1.10pm-2pm | Topic Work -Science | Topic Work- Art/DT | | Topic Work- History/Geography | Golden Time |
| 2pm-2.30pm | Story and hot chocolate time-check ins before home | Story and hot chocolate time-check ins before home | | Story and hot chocolate time-check ins before home | Story and hot chocolate time-check ins before home |